

Modern College Of Arts Science And Commerce

Ganesh Khind Road, Opposite Savitribai Phule Pune University Gate, Pune 411016

Titles and Their Copies Department Physical Education Book Type Book

Sr.No	Title	Authors	Edition	Publisher	Copies
1	ACSM fitness book : a proven step by step program from the experts	Schwarzenegger , Arnold	3rd	Human Kinetics	1
2	Advanced fitness assessment and exercise prescription	Heyward , Vivian H.	3rd	Human Kinetics	1
3	Advanced fitness assessment and exercise prescription	Heyward , Vivian H.	5th	Human Kinetics	1
4	Anatomy of core stability : develop a strong core	Liebman ,. Hollis Lance	1st	Hinkler books	1
5	Anatomy of exercise : a trainer inside guide to your workout	Manocchia ,. Pat	-	Hinkler books	1
6	Anatomy of exercise : a trainer inside guide to your workout	Manocchia ,. Pat	1 st	Hinkler books	1
7	Anatomy of running: a guide to running right	Striano ,. Philip	1st	Hinkler books	1
8	Anatomy of Yoga : an insiders guide to improving your poses	Ellsworth, Abby	-	Hinkler books	1
9	Basketball : steps to success	Wissel , Hal	1st	Human Kinetics	1
10	Basketball skills and drills	Krause , Jerry V. / Meyer , Don / Meyer , Jerry	2nd	Human Kinetics	1
11	Coaching basketball successfully	Wootten , Morgan	2nd	Human Kinetics	1
12	Coaching volleyball successfully	Kus , Sally	1st	Human Kinetics	1
13	Coaching youth volleyball	American Sport Education Program	2nd	Human Kinetics	1
14	Coaching youth volleyball	American Sports Education Program	3rd	Human Kinetics	1
15	Complete conditioning for baseketball	Popovich , Gregg	1st	Human Kinetics	1
16	Contemporary sport management	Parks , Janet B. / Quarter man , Jerome / Thibault , Lucie	3rd	Human Kinetics	1
17	Cross-training for sports : programs for 26 sports	Moran , Gary T. / McGlynn , George H.	1st	Human Kinetics	1
18	Curve Ball : baseball , statistics and the role of chance in the game	Albert , Jim / Bennett , Jay	1st	Copernicus Books	1
19	Exercise testing and prescription lab manual	Acevedo , Edmund O. / Starks , Michael A.	1st	Human Kinetics	1
20	Fitness cycling : programs for all levels , interests and distances	Barry , Dede Demet	1st	Human Kinetics	1
21	Fitness cycling : programs for all levels , interests and distances	Barry , Dede Demet / Barry , Michael / Sovndal , Shannon	1st	Human Kinetics	1
22	Fitness professionnals handbook	Howley ,. Edward T. / Franks ,. Don B.	5th	Human Kinetics	1
23	Health , fitness and sports	A reader digest book	1	RDI Print and Pub. Pvt., Ltd	1
24	High performance cycling	Jeukendrup , Asker E.	1st	Human Kinetics	1
25	High scoring softball	Weekly , Ralph / Weekly , Karen	1st	Human Kinetics	1
26	Hit and run baseball	Delmonic , Rod	1st	Human Kinetics	1
27	Improve football techniques	Mal, Biru / Kaka, T. S.	1	NIS	1
28	Indian champions : profiles of famous indian sportsperson	Garg , Chitra	1st	Rajpal & Sons	1
29	Intramural recreation : a step-by-step guide to creating an effective program	Byl , John	1st	Human Kinetics	1
30	Massage anatomy	Ellsworth ,. Abby / Altman ,. Peggy	1st	Hinkler books	1
31	Measurement and evaluation in human performance	Morrow , James R. / Jackson , Allen W. / Disch , James G. / Mood , Dale P.	3rd	Human Kinetics	1
32	Modern volley ball	Dhanraj , V. Hubert	1	Sports authority of india	1
33	National games 94 : pune - bombay results	Sports Authority of India publication	1	Sports authority of india	1
34	Netball : step to success	Shakespear , Wilma	1st	Human Kinetics	1
35	NSCA essentials of personal training	Earle , Roger W. / Baechle , Thomas R.	1st	Human Kinetics	1

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36	Olympic Athense	Sawant, P.	1	National Sports Trust	1
37	Recreation and parks : the profession	Smissen , Betty Vander	1st	Human Kinetics	1
38	Research methods in physical activity	Thomas , Jerry R. / Nelson , Jack K.	6th	Human Kinetics	1
39	Rookie coaches volleyball guide	American Sport Education Program	1st	Human Kinetics	1
40	Science of coaching volleyball	Mcgowan , Carl	1st	Human Kinetics	1
41	Snipes journal index: 1978- 1987	D Silva,louis	1	Sports authority of india	1
42	Softball : steps to success	Potter , Diane L. / Brockmeyer , Gretchen A.	2nd	Human Kinetics	1
43	Softball fundamentals : a better way to learn the basics	Noren , Rick	1st	Human Kinetics	1
44	Softball skills and drills	German , Judi	1st	Human Kinetics	1
45	Strength training	Muthiah, C. M.	1	Sports authority of india	1
46	Strength training anatomy	Deavier ,. Frederic	2nd	Human Kinetics	1
47	The art of chess	Reinfeld , Fred / Mason , James	1st	Goodwill Publishing House	1
48	The body sculpting bible for ABS : the way to physical perfection	Villepigue , James	1st	The Hatherleigh Press	1
49	The chess -players handbook	Howard, S.	1	New Light Pub.	1
50	The complete book of ayurvedic home remedies : a comprehensive guide to the ancient healing of India	Lad ,. Vasant	1st	Piatkus Books	1
51	The physical education handbook	Schmottlach , Neil / Mcmanama , Jerre House , Tom	8th	Allyn bacon a person education company	1
52	The pitching edge	House , Tom	1st	Human Kinetics	1
53	Track and field fundamental techniques	Bosen, Ken O.	1	Sports authority of india	1
54	Training in sport : applying sport science	Elliott , Bruce ., Ed	1st	John Wiley and Sons Inc.	1
55	Training manual: gymnastics	Singh , Bawa Gurdial	1	Sports authority of india	1
56	Training manual : Boxing	Gupta, T. L. / Sharma, R. K. / Sharma, Premnath	1	Sports authority of india	1
57	Training manual : cricket	Soni , Vinodkumar / Sharma, Naveen / Singh, Harpreetinder	1	Sports authority of india	1
58	Training manual : cycling	Singh, jagdev	1	Sports authority of india	1
59	Training manual : Football	Mall, Biru / Kaka ,T. S. / Malhotra, G. D. / Lodha, S. M.	1	Sports authority of india	1
60	Training manual : hockey	Singh, Harmik / Singh , Tejinder / Gill, Inderjitsingh	1	Sports authority of india	1
61	Training manual : judo	Sharma, J. G. / Sharma, Jeevan / Singh, Surat. / Sharma, Divya / Kaur, Tejinderjit	1	Sports authority of india	1
62	Training manual : mind training	Khan , H. A. / Khan , Manoranjani	1	Sports authority of india	1
63	Training manual : table tennis	Bose, Tapan / Mukerjee, Bhawani	1	Sports authority of india	1
64	Training manual : talent selection and initial training (8-12 years old children)	Singh Hardayal,	1	Sports authority of india	1
65	Training manual: badminton	Bhandari , P. K. / Sharma , M. K.	1	Sports authority of india	1
66	Training manual: weightlifting	Fortgalland, G. D. / Mokha, S. S. / Barika, G. B.	1	Sports authority of india	1
67	Training manual: wrestling	Sanga, S. R. / Yadav, O. P.	1	Sports authority of india	1
68	Who s who of Indian goldmedallist in international sports events 1928- 1986	Sports Authority of India publication	1	Sports authority of india	1
69	Worksite health promotion	Chenoweth , David H	2nd	Human Kinetics	1

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70	ऑथलेटिक्स: नियम व कारक कौशल्ये	माने, दीपक / दप्टरे, सुरेखा	1st	Diamond Publications	1
71	अलिबाग, थळ, खांदेरी, उंदेरी	तेंडुलकर, महेश	1st	Snehal Prakashan	1
72	किकेटचे मनोरंजक विव	वै सु धीर	1	Utkarsh Prakashan	1
73	किल्ले जिंजी	दांडेकर अनिल	1st	Snehal Prakashan	1
74	किल्ले रोहिडा, केंजळगड, रायरेश्वर	तेंडुलकर, महेश	1st	Snehal Prakashan	1
75	किल्ल्यांच्या दंतकथा	तेंडुलकर, महेश	1st	Snehal Prakashan	1
76	त्र्यंबकगड, अंजनेरी, रामसेज	तेंडुलकर, महेश	1st	Snehal Prakashan	1
77	बाल बॅडमिंटनकला कौशल्य व नियम	पटेल पुरुषोत्तम खीमजीमोहाडीकर निवेदिता	1	Dipti Prakashan Pune	1
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80	शिलालेखांच्या विश्वात	तेंडुलकर, महेश	3rd	Snehal Prakashan	1
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85	विविध किडास्पर्धा : आयोजन व स्वरूप	फटाल आणि पिंपळे	1	Utkarsh Prakashan	1
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